 

**ANY STUDENT WHO YOU BELIEVE MAY NEED EXTRA SUPPORT**

Here are a few issues to look out for: Students who experience....

* **Depression/ Irritability**
* **Anxiety**
* **Oppositional behavior**
* **Poor peer relationships**
* **Withdrawal/Isolation from others**
* **Tendencies to harm self or others**
* **Family and/or community violence**
* **Academic and/or attendance problems**
* **Significant change in behavior or functioning**
* **Bereavement and loss**
* **Abuse and neglect**
* **Exposure to substance abuse**
* **Homelessness**
* **Family stress**
* **Bullying**
* **School refusal**
* **Low self-esteem**

Please use the attached form to make a referral. This could be the first step in making a difference in your student’s life!

Drafted by the National Center for School Mental Health, 2019 [www.schoolmentalhealth.org](http://www.schoolmentalhealth.org/)