

**FY 2019**  
**Trauma Recovery Demonstration Abstracts**

## **ALASKA**

### **Alaska Department of Education**

The Alaska Department of Education & Early Development (DEED) is proposing to oversee and facilitate a partnership between the Fairbanks North Star Borough School District (FNSBSD) and the Alaska Child Trauma Center (ACTC) to increase low-income at-risk students' access to mental health services and to produce a trauma-specific mental health service model DEED can replicate statewide. The project, AK-TRIS, will place licensed clinicians at four schools to provide accessible and timely direct trauma recovery services to their students (and participating local private schools); refer students and families to additional more intensive off-site clinical services as needed; and contribute to programs designed to create a more trauma-informed environment within the schools.

## **DELAWARE**

### **Delaware Department of Education**

The Delaware Department of Education (DDOE) is seeking to support Delaware students who have been exposed to trauma and toxic stress and/or their parents on their behalf in accessing trauma specific therapy services and school-based health centers that serve low income and/or at-risk students (K-12) to achieve the following four goals: 3) Increase/operationalize screening for a larger population of students to identify those experiencing trauma; 2) Augment immediately available support services for identified students; 3) Expand/strengthen partnerships with agencies that can provide additional short- and long-term services for referred students, and 4) Enhance understanding by teachers, staff and providers about signs/symptoms of trauma and the broader adoption of a trauma-informed approach, particularly in response to, and/or as a first step in addressing dysregulated behavior, negatively impacting attendance, behavior, and academic progress.

## **HAWAII**

### **Hawaii Department of Education**

The Hawaii Department of Education (HIDOE) plans to build upon Hawaii's existing multi-tiered system of support that incorporates domains of the whole child (cognitive, behavior, social, emotional and physical health) and the HĀ framework to offer *Ho'ouikaika*. This model trauma recovery demonstration program will support students from low-income families who have experienced trauma that negatively affect their educational experience through the accomplishment of four major strategies: 1) Strengthening core beliefs and mindset shifts toward trauma-sensitive schools focusing on empowerment; 2) Further developing the screening process to include behavior and/or social and emotional learning (SEL) screening, as well as a trauma-specific screening tool to strengthen Hawaii's MTSS; 3) Identifying at-risk and improving progress monitoring; and 4) Developing effective partnerships with stakeholder agencies and organizations. Partnerships developed during the planning year and established throughout the grant period will enable HIDOE to build trauma-specific intervention capacity of existing SBBH personnel so that complex areas and schools can leverage their expertise in best practices and culturally responsive up-to-date research on trauma-related behavioral and mental health difficulties of at-risk and affected students. Federal funding will provide additional resources for HIDOE to encourage students and families to receive services otherwise not available, while fostering a mindset that seeking help is okay and normal.

## **LOUISIANA**

### **Louisiana Department of Education**

Louisiana plans to increase access to mental health services in order to improve academic performance, absence and discipline records, and accuracy in identification for need special education services and accommodations. Three priority areas of this project include: 1) Training for LEA and school-based staff; 2) An expansion of the Louisiana Department of Education's Counselor Assistance Center established in 2012, which currently provides support to school counselors and high school students with regard to academic course offerings through the state's Course Choice program, academic and post-secondary planning, and financial aid applications, and 3) Establishing a new Direct Student Services-Mental Health program, which will provide funding for a broad range of mental health services.

## **NEVADA**

### **Nevada Department of Education**

This grant-supported program will provide Nevada an opportunity to create capacity with mental health providers and project partners to best serve low-income students with high-quality multitiered systems of support; increasing equitable access to mental health and the needed support to succeed in school and life. The proposed program will achieve the following objectives: 1) Increase school and community trauma awareness; 2) Identify, recruit and train licensed mental health professionals to provide neutral, secular, non-ideological trauma-specific assessment and treatment to low-income Nevada youth whose exposure to trauma negatively impacts their academic access, and 3) Increase mental health workforce capacity by promoting telehealth as a vehicle for treatment; and, empower parents to select best-fit providers from an expanded workforce of mental health professionals available in-person and through telemedicine.