

## **Abstract: Full Service Community Schools (FSCS) Grant**

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**Project Title:** University of Michigan 3-Tiered School Wellness Collaborative

**Grantee Name/Lead Agency:** University of Michigan TRAILS Program

**Community Profile:** Ypsilanti, Michigan (Washtenaw County) 6 miles from Ann Arbor and the University of Michigan. Population of 20,000, with high childhood poverty levels: free/reduced lunch eligibility ranges from 50-95% per school.

**Schools and Target Population:** 6<sup>th</sup>–12<sup>th</sup> grade; 3,800 students and their families

- Lincoln Middle School, grades 6-8, Title 1 schoolwide eligible
- Lincoln High School, grades 9-12, Title 1 schoolwide eligible
- Ypsilanti Community Middle School, grades 6-8, Title 1 schoolwide eligible
- Ypsilanti Community High School, grades 9-12, Title 1 schoolwide eligible

**Partners:**

- University of Michigan TRAILS Program
- University of Michigan Regional Alliance for Healthy Schools
- University of Michigan Project Healthy Schools
- Lincoln Consolidated Schools
- Ypsilanti Community Schools
- Washtenaw Intermediate School District

**Competitive Preference Priorities:**

- Competitive Preference Priorities 2, 3, and 4 are applicable to this application.

**Project Summary and Goals:**

This initiative will improve the academic engagement and performance of students by creating a comprehensive, integrated continuum of school-delivered student health and wellness programs; and will engage families as primary supports and advocates of their children. Structured around three tiers of service delivery, primary goals include:

1. Identify priority student and district health and wellness needs and existing resources, and collaboratively plan a sustainable health promotion strategy.
2. Increase adoption and high-fidelity utilization of evidence-based mental health practices by school staff, and engage stakeholders as sustainability partners.
3. Improve availability and effectiveness of services for students by coordinating partner programs and maximizing local resources and expertise.
4. Develop and implement two new programs: the Social Emotional Learning Curriculum and the Authentic Family Engagement Curriculum.

**Project Outcomes:**

1. Improved student health and wellness, and increased parent involvement, both contributing to better student academic engagement and success.
2. Improved communication and coordination between local partners, and more consistent adherence to shared protocols and resources.
3. Increased participation, recognition, and community support for school-delivered student health and wellness programming.
4. Successful introduction and sustainment of two new evidence-based curriculum models to (1) align classroom instruction with statewide SEL competencies, and (2) empower parents to support the health and wellness of their children.